

Are You Ready for a Disaster?

TALK ABOUT WHAT
CAN HAPPEN

MAKE A
READY-TO-STAY KIT



Be Prepared!

MAKE A READY-TO-GO KIT

WRITE DOWN
EMERGENCY
INFORMATION



A safe home is in your hands.



The Home Safety Council® wants you to be ready in case a disaster happens where you live.

In a fire, flood, tornado, hurricane, or power outage, you may have to find a safe place away from home. In some emergencies you may have to stay at home for many days. Either way, you and your family should be prepared.

A 2007 survey of mothers and their children ages 6 to 11 reports that 6 out of 10 families believe they are prepared for an emergency. But only 3 of these families have a plan for how they would find each other in an emergency. Most families have not packed the things they would need if they have to leave their home fast. Many do not have the supplies they would need to stay at home for a few days.

For more information on keeping the people you love safe at home visit homesafetycouncil.org. To teach children about safety at home visit coderover.org.

Is your home as safe as it should be? Take our online tour at MySafeHome.org.

Four Steps You Can Take to Be Safe

There are four simple things you can do to help keep you, your family, and the people in your home safe in an emergency.



Step 1:

Talk about what can happen in an emergency and what people should do.



Step 2:

Make a Ready-to-Stay Kit in case you cannot leave your home.



Step 3:

Make a Ready-to-Go Kit in case you have to leave your home.



Step 4:

Write down contact information you will need in an emergency.

Let's learn more about each of these steps.

Step 1: Talk About Emergencies

- Talk about the different kinds of weather that can happen where you live. For example, do you have floods, tornadoes, hurricanes, or ice storms?
- Help children feel safe. Tell them that someone will be there to help in an emergency. Talk about people you can count on in an emergency such as firefighters, police, teachers, neighbors and disaster workers.
- Put a list of emergency numbers by each telephone in your home. Tell your children what each number is for. You should also list the work and cell phone number for each person in your family or in your home.



Step 2: Make a Ready-to-Stay Kit

Your Ready-to-Stay Kit should include the items you will need to stay safe at home for a few days. You can keep these things at home in a plastic tub or a special cabinet.



- Three gallons of water for each family member



- Canned food and snacks for at least three days



- Toilet paper



- Pet food and supplies for three days



- Non-scented bleach to treat unsafe water



- Blankets



- Books and games to keep you busy



- Paper and pencils



- First aid kit



Make a Ready-to-Stay Kit

Step 3: Make a Ready-to-Go Kit

Keep Ready-to-Go Kit items in a backpack or duffle bag. Take these with you if you have to leave your home so you can be safe.



- One gallon of water for each person



- Food that you don't have to keep cold and a manual can opener



- Plastic or paper plates, cups, and utensils



- Flashlight and extra batteries



- Radio with batteries



- A change of clothes



- A card with emergency contact information and the number of someone to call who lives out of town



- Pet food and supplies for at least three days



- Small first aid kit



- Personal identification card



- Personal hygiene items, soap, and hand sanitizer



- Store medicine you usually take near your Ready-to-Go Kit



Make a Ready-to-Go Kit

Step 4: Write Down the Information You Will Need

- Each family member needs a contact card.
- Each card should have contact numbers for family members, child care, doctors and fire or police.
- Have the card with you all the time.
- Update the card if someone moves or changes jobs.



(Fill out the card, cut it out, fold on the dotted line and place in your wallet.)

Emergency Contact Card



Your Name: _____

Your Address: _____

Out of Town Contact & Phone: _____

Health Conditions: _____

Medications & Dosages: _____

Family Doctor Name & Phone: _____

Parent/Caregiver Name: _____

Relationship: _____

Home Phone: () _____

Work Phone: () _____

Cell Phone: () _____

Email: _____

Other Family Members' Contact Information: _____

Police/Fire/EMS: 911 or () _____



The Home Safety Council® wants to help people in America stay safe in their homes. For free home safety checklists visit homesafetycouncil.org.

The Home Safety Council® is a national nonprofit dedicated to preventing accidents at home that result in 20 thousand deaths and more than 21 million medical visits in the U.S. each year. To support this important mission visit homesafetycouncil.org/donate.

